

October 2017 Lunch Calendar

“This Institution is an Equal Opportunity Provider”

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Assorted Fruit, Fat Free and Low Fat Milk Served Daily</i>	2 <i>Chicken Tenders Sweet Potatoes, Corn Blueberry Cornbread Cucumbers</i>	3 <i>Bagel melts WW* Bagels Turkey & Cheese 3-Bean Salad Beets</i>	4 <i>Swedish Meatballs Over Noodles German Salad Carrot Sticks</i>	5 <i>Chicken Fajitas WW* Tortilla, Cheese Broccoli, Tomatoes Salsa, Sour Cream Refried Beans</i>	6 <i>K-6 Hike P Sandwich, Juice WW* Bread, Apple Granola Bar Goldfish Crackers Carrot Sticks</i>	7
8	9 <i>Columbus Day NO SCHOOL</i>	10 <i>Scrambled Eggs Tater Tots, Sausage French Toast Carrots</i>	11 <i>American Chop Suey Garlic Bread Broccoli Cucumbers</i>	12 <i>Grilled Cheese WW* Bread Goldfish Crackers Tomato Soup Kidney Bean Salad</i>	13 <i>Yogurt Parfait Granola, Pretzels Blueberries, Carrots Cheese Stick Cucumbers</i>	14
15	16 <i>Turkey Tacos WW* Tortilla, Lettuce Cheese, Tomato, Salsa Refried Beans</i>	17 <i>Shepherd's Pie Hamburg, Potatoes Corn, Cucumbers Dinner Roll</i>	18 <i>BBQ Chicken Sandwich, WW* Bun Pretzels, Peas Tomato Wedges Carrots</i>	19 <i>Baked Potato Bar Broccoli, Cheese Sour Cream Salsa</i>	20 <i>Hot Dog, WW* Bun Baked Beans Goldfish Crackers Carrots Cucumbers</i>	21
22	23 <i>Asian Stir Fry Vegetables, Pineapple Cucumbers Brown Rice</i>	24 <i>Spaghetti Meat or Plain Sauce Garlic Bread Green Beans</i>	25 <i>Bosco Sticks Marinara Sauce Pretzels Peas & Carrots</i>	26 <i>Canadian Meal Poutine, Meat Pie Rutabagas Bannock Blueberry Grunt</i>	27 <i>Hamburgers or Cheeseburgers WW* Bun, Cucumbers Sweet Potato Fries Green Beans</i>	28
29	30 <i>Roasted Herbed Chicken, Gravy Mashed Potatoes Butternut Squash</i>	31 <i>Halloweenies (Hot Dog) Eye of Newt (Baked Beans), Monster Fries Witch Fingers (Carrot Sticks), WW* Bun</i>				